



DO IT YOURSELF

# A SNOWY DAY



multi-sensory story

# A Snowy Day

by Stuart Cummings

- Frozen object**      **Leanna was by Callum's bed when he woke up.**  
**"Guess what?! It's snowed!" she shouted as she shoved a handful of freezing cold snow into his hand.**  
*They feel the frozen object.*
- Screwed up paper**      **Callum quickly put his clothes on and ran out into the snow. He could hear the snow crunch beneath his feet as he walked.**  
*They gently squeeze the screwed up paper to the rhythm of footsteps.*
- Sticks**      **They started making a snowman.**  
**"I've found some sticks for his arms!" shouted Leanna**  
*They feel the sticks.*
- Stones**      **"And stones for his eyes and nose!"**  
*They feel the stones.*
- Hat**      **"I think he needs a hat," said Callum**  
*They put the hat on.*
- Scarf**      **"...and a scarf!"**  
*They put the scarf on.*  
**"Perfect." said Callum.**
- (action)**      **With the snowman finished, they decided to make snow angels. They lay in the snow, put their arms out to the sides, and moved them up and down to make the wings.**  
*If able to, they can lie on the floor and act this out, otherwise just get them to move their arms up and down.*
- Wet trousers**      **"That was fun," said Leanna, "but my trousers are soaking wet now!"**  
*They feel the wet trousers (or trousers substitute).*
- Chocolate/cocoa powder**      **"Yeah, mine too." said Callum. "Let's go back in and warm ourselves up with a hot chocolate."**  
*They smell the chocolate powder.*
- Cotton wool**      **"I think that was good timing. It's snowing again now!" said Leanna.**  
*Sprinkle the cotton wool balls on them*
- "Same again tomorrow then?" asked Callum.**  
**"Definitely!" said Leanna.**

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## Items needed for this story

**Frozen object** – Frozen peas or similar are ideal, but otherwise ice cubes in a bag, or an ice pack/frozen plastic bottle will do.

**Screwed up paper** – Take a sheet of A4 paper, and gently scrunch it into a ball.

**Sticks** – Preferably longish tree sticks. They don't have to be straight.

**Stones** – Any three stones of a suitable size for a snowman's eyes and nose will do. You may want to use a different sort of stone for the nose.

**Hat** – Any sort of hat is fine.

**Scarf** – Any sort of winter scarf.

**Wet trousers** – Get a pair of old trousers and wet them. They just need to be damp, not dripping. If you don't have a pair of old trousers, a tea towel will do.

**Chocolate/cocoa powder** – Any brand will do.

**Cotton wool** – Preferably balls. You could also use bits of shredded white paper.

## Watch an example online

You can watch a demonstration of this story being told at <http://youtu.be/okGurDYOHY8>

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